

Mi Nueva Familia Communication Style Quiz

Answer the following questions by circling the answer that most corresponds to you. At the end of the quiz tally up how many of each letter you circled. The letters circled the most will reveal what communication style suits you best.

1. When purchasing a new product that requires assembly you:
 - A. Take advice from others who have assembled this product before. No parts are left over after assembly.
 - B. You read the assembly instructions and arrange the parts in the order you will use them. No parts are left over after assembly.
 - C. You assemble the product and create something new with the left over parts.
 - D. After initially throwing away the instructions you rely on instincts to assemble the product. No parts are left over after assembly.
2. At the beginning of the semester you:
 - A. Focus on meeting all of your classmates and establishing relationships with your professors, teaching assistants, supervisors, etc.
 - B. Focus on organizing your class, work, and social schedule. You thoroughly read through all of your syllabi and have your books bought before classes start.
 - C. Look for study and social groups to join. Finding friends who also enjoy large social gatherings is a priority for you.
 - D. You memorize all of your classes' policies, paying careful attention to rules created by professors.
3. You are eating at a restaurant with a close friend and the food he/she received is not what they ordered you:
 - A. Reassure them that is not what they ordered and offer them your meal
 - B. You convince them to let the waiter/waitress know because they should pay for a meal they enjoy.
 - C. You offer to call the waiter/waitress over so that your friend can correct the order.
 - D. You call the waiter/waitress over and ask the waiter/waitress to have your friend's meal remade.
4. What qualities do you value most in close friends?
 - A. Sensitivity, ability to build your confidence, excels in supporting your endeavors
 - B. Thoughtfulness, plans before acting, values rules and expectations
 - C. Optimism, they include others, they are open about their personal lives
 - D. Fearlessness, natural leader, comfortable with taking charge
5. When a coworker is visibly upset and starts crying you:
 - A. Immediately approach them, offer physical support (holding their hand/hugging them) and reassure them that all will get better.

- B. Approach them and let them confide their troubles in you. You talk through their feelings making sure to weigh the pros and cons of their situation. You stay with them until they feel better.
 - C. Approach them hesitantly and tell them a story about a struggle you went through and how you overcame it. You offer an activity to try with them to take their mind off of why they are upset.
 - D. Decide not to approach them and instead ask another coworker to check on the unhappy person.
6. How would you address a classmate if they have exhibited a behavior that makes others in the class uncomfortable?
- A. Keeping a careful consideration of their feelings, you relay the fact that others have been feeling uncomfortable and suggest other ways to behave.
 - B. You create a plan of how/when you will approach them and what to say to keeping in mind the rules of the classroom. You also map out options of talking to the professor based on their reactions to what you will tell them.
 - C. After talking to other classmates for input and advice you approach the student and let them know how their behavior is has made you feel personally.
 - D. Because the class syllabus mentions disruptive behavior resulting in disciplinary actions, you contact your professor requesting that he/she addresses the disruptive student.
7. If a professor has graded and returned a paper to you, what type of feedback do you benefit from most?
- A. Reassuring feedback: the professor highlights what you have done right/what they want to see more of
 - B. Instructive feedback: the professor tells you how to enhance your paper with clear instructions and directions
 - C. Alternative feedback: the professor highlights that they value your voice in the paper and offer alternative ways to direct your paper
 - D. Honest feedback: the professor points out exactly what you did wrong and what you did right
8. When given a group project, what role do you typically play?
- A. Supporter: it is not a priority of yours to lead the team
 - B. Analyzer: you remind the team of the instructions and offer to create a plan of action before the group begins the project
 - C. Promoter: you value supporting your team's ideas and you often share your thoughts because this class is one of your favorites
 - D. Director: you feel the desire to lead the team regardless of the task at hand; you feel comfortable assigning roles to the other group members

9. How do you handle a conflict with someone you know?
- A. You value others' thoughts and feelings; you are able to listen to others' side of the story even though you may be upset.
 - B. You assess how this issue has effected your relationship with the other person; you consider the outcomes of approaching the conflict in different ways.
 - C. You are comfortable with telling the other person how this issue makes you feel; you come up with solutions to the conflict.
 - D. You struggle with considering how your dialogue could affect the other person; you are the first person in the conflict to want to resolve it.
10. How do you celebrate a personal accomplishment?
- A. You create a social media post (for each of your personal accounts).
 - B. You check it off of your pre-written goal list.
 - C. You call friends and family, relaying the news.
 - D. You celebrate most accomplishments internally or with a few close friends.

After you have completed the quiz, count the number of times you circled each letter, and write down the number here.

A: _____ B: _____ C: _____ D: _____

The Results

Below you will find the characteristics of each communication style along with the letter they are associated with. For example, if you circled mostly A your communication style runs along the lines of a typical Abuela/Supporter. You may notice that you practice different attributes from each category; feel free to adapt your communication style to the students you are serving based on what family member the student needs.

A: Abuela/Supporter

- Harmonizer
- Values acceptance and stability
- Builds network for support and reassurance
- Good listener; concerned for others' feelings
- Friendly and sensitive; no person is unlovable
- Relationship oriented

B: Madre/Analyzer

- Assessor
- Values accuracy in details and being right
- Plans thoroughly before deciding to act
- Highly organized; even plans spontaneity!
- Cautious, logical, thrifty approach
- Thoughtful; no problem is too big to ponder
- Idea Oriented

C: Abuelo/Promoter

- Entertainer
- Values enjoyment and helping others do the same
- Full of ideas and impulsive in trying them
- Talkative and open about self; loves to brainstorm
- Optimist; nothing is beyond hope
- Celebration oriented

D: Padre/Director

- Commander
- Values following directions and rules
- Good at delegating work to others
- Enforces and promotes regulations
- Takes charge, enterprising, competitive, efficient
- Fearless; no obstacle is too big to tackle
- Method oriented